



## Join the Smartphone-Free Schools Movement







## Make your school Smartphone-Free

More than 200 schools across the UK have joined the smartphone-free schools movement, as a response to growing concerns about student wellbeing and safeguarding, particularly the impact of excessive screen time on young people's mental health.

Despite many schools operating a 'No Smartphones' policy, students are able to bypass the rules and persistent notifications often disrupt classes, preventing teachers from delivering their lesson effectively.

Secure phone pouches actively enforce the no-phones policy whilst reducing staff responsibility and with a magnetic locking system, phones are stored securely throughout the entire school day.



## Why join the movement?

Increased Focus and Classroom Engagement

With less distractions from loud, disruptive notifications and social media alerts, students are able to be more present and engaged in their lessons, improving overall academic performance.

Sense of Community

Eliminating the use of smartphones across the entire school creates a strong sense of community and encourages more frequent and valuable non-digital social interactions.

Improved Mental Health and Wellbeing

Reduced screentime results in better mental health - less time on social media has proven to reduce anxiety and depression, with the pressure of being chronically online removed. This also means that cyber bullying incidents are significantly reduced and student wellbeing is improved.





Email us at NYES.digital@northyorks.gov.uk or call 01609 536086 to talk to us about the smartphone-free movement



